



# CHRIST SCHOOL ICSE

Christ School Road, Dharmaram College Post, Bengaluru - 560 029



The Monthly Newsletter

# Excelsior

Ever upward and still higher...

Vol-X, Issue - V  
November - 2020



## *From the Principal's Desk*

*Rev. Fr. Nilson Davis CMI*

### **RAYO DE ESPERANZA (Never deprive someone of hope, be a ray of hope!)**

My Dear Christites,

Once you choose hope there is nothing impossible. Human beings cannot live without some form of recognition or some sense of hope. Even though people may not “die” physically in a negative, hopeless environment, they'll certainly die mentally.

Once you recognize the power of hope, you instil more of it. If you've got people in your life, it's your job to keep their hope alive. You're the cheering fans in the stands for your teammates, your friends, and your family members. It's what Pope John XXIII advised. He was right on when he wrote, “See everything, overlook a lot, and correct a little.”

For the sake of brevity, I'll assume you do quite well on the Pope's first two suggestions. Most people do. It's the third area where I see too many people kill off the hope in others. They correct too many faults at the same time. When you correct someone you might have the truth on your side but that's not enough. It's not good enough to only have “truth” on your side. You should also know how to communicate it as well. Then, and only then, will you keep people's hope alive, and then, and only then, will they give all that they are capable of giving.

Hope is often found in the relationships we have secured around us. After all, when hope in ourselves begins, we must look elsewhere. In those moments, we look towards those around us for confidence and hope.

Surround yourself with people who speak confidence in your life. Nurture relationships with optimistic people who have overcome trial and hardship. Remove people from your direct sphere of influence who discourage you, trample your creativity, or who are so self-absorbed they never help others. Instead, seek people who inspire and believe in you. No one in this world is perfect. We are flawed and imperfect in different ways. However, there are times when we feel we're not enough, that we're not sufficient. But when we know that some people can look beyond our weaknesses and flaws, it gives us hope. This is how we're supposed to make others feel, too. Learn how to show people you accept them and care for them, regardless of who they are and what they do. Show unconditional love and make them feel valued.

Be a giver of Hope! See the good. Believe in real potential. Sow hope in the soul of everyone you meet. Never deprive someone of hope.



## Vice Principal's Message



My dear Christites,

*When the world says, "Give up", Hope whispers, "Try it one more Time"*

It is truly said by some one that when the world says, "Give up", HOPE whispers, "Try it one more Time." Hope is that thing with feathers that perches in the soul and sings the tune without the words and never stops... at all. A person who lives in hope always think in his mind about the time of trials and tribulations that Let it Go and Let Me Grow. Let go of your problems and Let God handle them. Let go of your hurt and Let God heal you, Let go of your fear and Let God sustain you and let go of your worries and let God bless you.

I believe life puts us to the test whenever we say we want something for ourselves. It's a test of our determination and grit. It's a test to make sure we want what we say we want. When

you follow your heart, you pass.

If you've given up on something it might just be time to try again. If the desire is still in your heart that's the sound of hope gently nudging you to one more time. If you're always willing to try one more time eventually your doors will open for you.

"Life has its ups and downs. When you are up, enjoy the scenery. When you are down, touch the soul of your being and feel the beauty."

Let us hope for the best part of our life.

Fr. Martin Onasseril CMI

## Financial Administrator's Message



### BE A GIVER OF HOPE

Greetings to all the Christities...

"Hope lies in dreams, in imagination, and in the courage of those who dare to make dreams into reality", says Jonas Salk. Every morning we hope that the day will be good and we can do good things in that day. Every work we do expecting that we can finish that with good result. It is the hope that helps us to take new and creative initiatives in our life. So it is important that we should have a very positive attitude about our life and that may help us to give hope to others.

'Be a giver of hop' is a challenge which we can take as children. I can give you a beautiful example of that with this incident of Jesse Owens and Luz Long. Jesse Owens was an American track and field athlete and four-time gold medalist in the 1936 Olympic Games. He is considered as one of the best athletes in history. Jesse Owens, who held the world record in the long jump, foot-faulted on his first two qualifying jumps. If he fouled again, he would be eliminated. According to Owens, Luz Long, the only man who had a chance to beat Owens, introduced himself and suggested that owns play it safe by making a mark a foot before the takeoff board to assure he could qualify. It worked, and Owens advanced to finals to compete against Luz Long. This decision to help a competitor is still viewed as one of the greatest acts of sportsmanship. The encouraging advice of Luz Long made Jesse to win the gold medal in long jump in 1936 Olympic Games. Here in this incident Luz Long motivated and gave hope to Jesse by sacrificing his Prize. When we act as a giver of hope we are taking others together to a new horizon of achievements. Your life in Christ School may help you to be a giver of hope.

May God Bless you all.....

Fr. Reji Koodappattu CMI

## NOVEMBER AT A GLANCE

- ♦ KARNATAKA RAJYOTSAVA
- ♦ VIVA VOCE EXAMINATION GRADE 1 – 5
- ♦ VICE PRINCIPAL'S FEAST DAY
- ♦ CHILDREN'S DAY
- ♦ DIWALI
- ♦ PARENT TEACHER MEETING
- ♦ DCL COMPETITION

## BE SOMEONE'S HOPE!

The best hope we can offer comes from the God Himself. Just when we begin to feel suffocated by the toxins of despair, we should have the courage to believe that hope will arrive. The same way we should also be a reason to make someone believe in hope. I know you will think I'm talking about having some super power. But I'm not...at least not here. You see, there are those days, when hope arrives in the form of another human being; a bestie, a sister, a brother, even a colleague, and they become your hope. You should know it's possible for another human being to be hope for you. To give someone hope is to unveil the sheet of darkness and turn their face towards the bright glimmer of light. It is balm for the soul. Maya Angelou reminds us of this possibility in the last stanza of her poem, *And Still Rise*. Hear her words:

"Leaving behind nights of terror and fear I rise  
Into a daybreak that's wondrously clear I rise  
Bringing the gifts that my ancestors gave,  
I am the dream and the hope of the slave.  
I rise"

We are blessed with the power of spreading hope to others. Be a relentless giver of hope. When you unveil your power of giving hope to others you are being a reason for many to rise up.



Ms. Reshma Joseph  
Editorial Board

## GURUVANI

### *Be a Giver of Hope*

*Hope is something that most of us have in the beginning, What we lose on the way, And never pass to others.*

Let's see a story. There were two farmers. One trusted the rain and patiently waited for it to pour. The other left all and sold his land. Hope is what made the first to live and the others to leave. We see with our eyes, we feel with our mind and act with our brains. But what runs us in this short life is hope. As stated by the famous NBA basketball player Magic Johnson, "All kids need a little help, a little hope and somebody who believes in them". So be that somebody and give out the hope in you to others.

H.O.P.E should be Help Others Patiently to Excel. Be the giver of hope.



Ms. Bilgy Johnson  
(Department of Hindi)

## PARENT'S TALK

Are you feeling disconnected and discouraged right now due to this pandemic?...

### **"Be a giver of Hope"**

Hope is probably closest to trust you can give someone... Hope is cherishing a desire with anticipation... desire is always in the mind... and your mind is a powerful thing... when you fill it with positive thoughts your life will start to change and be a Giver of Hope for others..

Why you should "Be a Giver of Hope"?

Hope is a healer – Be a source of energy

Ø Hope is a motivator – "Every great dream begins with a dreamer"

Ø Hope encourages self-belief - "When there is no enemy within, the enemies outside cannot hurt you"

Ø Hope combats negative thoughts – More Smiling, less worrying

Ø Hope brings inner peace - spread joy, enthusiasm, and contentment

Ø Hope is contagious - the more hope we have, the more hope we will inspire in others.



Dr. Sandhya Antony  
Academic Coordinator, Divine Grace Institutions  
(Parent of Sachiell Antony grade-VIII D and Sangel Antony grade-IV F)



### BE A GIVER OF HOPE

Hope is a feeling of expectation and desire for a particular thing to happen. When your state of mind is optimistic based on an expectation of positive outcomes with respect to events and circumstances in one's life.

**H -having**

**O -optimum**

**P -positive**

**E -energy**

If you want to achieve something in life you need to work hard. You need to live with determination, have patience, and even after following all of these, you may fail and become hopeless. Hopelessness is the biggest enemy of success. The greatest lessons in life is usually do not stem from successes and victories, but rather from our failures and struggles.

To be a giver of hope, there are many steps to give Hope to people:

Give people hope with acceptance: The need for acceptance is met when we willingly and unconditionally love someone.

Give people hope with love: The need for love is met by expressing care through physical touch and tender words.

Give people hope with appreciation: The need for appreciation is met through expressing thanks and praise, especially in recognizing someone's accomplishments.

Give people hope with approval: The need for approval is met by building up or affirming a person and acknowledging the importance of the relationship.

Give people hope with connection: The need for connection is met when we enter another person's world.

Give people hope with support: The need for support is met when you come alongside someone and give them your complete attention.

Give people hope with respect: The need for respect is met by honoring and regarding people as important.

Give people hope with encouragement: The need for encouragement is met by urging people to hang in there, to persist toward the goal they so want to achieve.

Give people hope with comfort: The need for comfort is met by responding to people with appropriate words and physical touch.

Be a hope giver, faith builder, joy spreader, peace bringer to the ones around you. You just never know what others are going through and your kind gesture can go a long way. – Caroline Naoro...



Anika Devlokam,  
Grade: VIII 'F'

### VIVA VOCE EXAMINATION GRADE 1 – 5

The second unit test for classes 1 to 5 began on 4th November, 2020 and ended on 12th November, 2020. The viva voce was conducted in Microsoft Teams. The guidelines to be followed during the viva exams were sent to the students. The students were divided into two groups and there were two different time slots. The students would have to wait for the invite call from their respective teachers. They were given a thorough practice and revision was conducted on a daily basis by the teachers.



Parents'  
Meetings

### PARENT-TEACHER MEETING

The Parent-Teacher Meeting was conducted on 21st November, 2020. The parents were happy by the initiative taken by the management for conducting written exams for their wards. They appreciated the teachers for all the efforts they are taking and expressed their gratitude towards the management for providing the online platform for the students.



# KARNATAKA RAJYOTSAVA

ಸುಭಿಕ್ಷಾ ತಾಣೋತ್ಸವ  
ನಮ್ಮ ರಾಜ್ಯೋತ್ಸವ.  
ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ  
ಜಯ ಹೇ ಕರ್ನಾಟಕ ಮಾತೆ.  
ಸರ್ವರಿಗೂ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಶುಭಾಶಯಗಳು..



Karnataka Rajyotsava is the Kannada state festival which is also known as Karnataka Formation Day and is celebrated on 1st November every year. This was the day in 1956 when all the Kannada language-speaking regions of South India were merged to form the state of Karnataka. Our school celebrated this day with utmost pride by

releasing a video where the culture of this beautiful state was shown. Rev Fr. Nilson appreciated the rich culture and expressed gratitude towards the state. This state nurtures and nourishes everyone who comes here. The state Karnataka has accepted every single individual and the people here are peace loving by nature. Karnataka is known for its rich culture and traditions. Rajyotsava day is celebrated with great joy and vigour all over the state of Karnataka. The entire state wears a festive look on this day as the red and yellow Kannada flags are hoisted at different strategic locations across the state and the Kannada anthem ("Jaya Bharatha Jananiya Tanujate") is chanted.





# VICE PRINCIPAL'S FEAST DAY

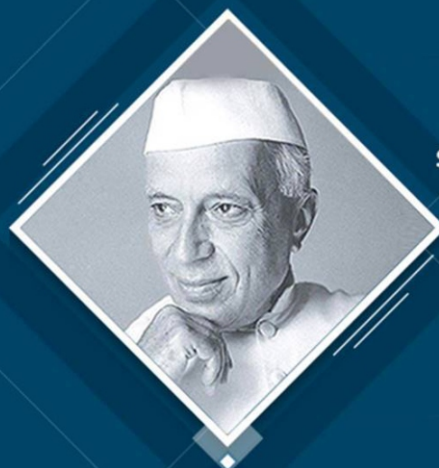
Our school celebrated the feast day of our Vice Principal Rev. Fr. Martin Onasseril CMI on 3rd November, 2020. The feast day was celebrated virtually, where fathers along with the members of the staff wished him immense happiness on his feast day.



[CLICK  
HERE  
TO WATCH  
THE VIDEO](#)

Children's Day is celebrated across India to increase awareness of the rights, care and education of children. It is celebrated on 14th November every year as a tribute to India's First Prime Minister, Jawaharlal Nehru. Nehru considered children as the real strength of the nation and foundation of the society. On this day, many educational and motivational programs are held across India for children.

Our school too celebrated Children's Day with great zeal. A promo video was released on 13th November, 2020. The Children's Day video was premiered LIVE in the official YouTube Channel of our school. Our Principal Rev. Fr. Nilson, Vice- Principal Rev. Fr. Martin and Financial Administrator Rev. Fr. Reji Koodapattu expressed their love for the children by their beautiful speech. The teachers showed their love for the children by taking part in events like dance, song and even expressing their love through their words of wisdom. The children thoroughly enjoyed the video and were very happy to see their teachers. This pandemic didn't stop the teachers to express their love and care for the children.



“  
Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow. Only through right education can a better order of society be built up.”

-Jawaharlal Nehru



# DIWALI



Diwali also known as festival of lights is one of the major festivals celebrated by Hindus, Jains and Sikhs. This festival is a time to renew the hope for a better tomorrow. Our School believes in secularism and gives importance to every festival. Diwali too was celebrated and a video was released on 25th November, 2020 talking about the importance and significance of this festival. There were various activities organised by the school and active participation was seen among the children like Diwali diya photo, rangoli making and display of various homemade sweets. Let us fill everyone's life with happiness and take a pledge to drive away darkness.

## DCL Blooms



### Deepika Children's League Bengaluru

Unveils an Online Inter-School  
Cultural Competitions

## Blooms 2020



DCL (Deepika Children's League) is a registered organization conducting various events for the school students to enrich their integral growth in social cultural and religious field. Christ University organizes the Deepika Children's League (DCL) Blooms every year. This year too DCL Blooms'20-The Inter School Cultural Fest was back with dynamic activities to nurture and nourish the talents of the younger generation. Christ School ICSE was also a part of the competition.

The students participated in various events like Solo Song, Solo Dance (Classical and Non-Classical), Mehendi Designing, Elocution and Collage. The events were to be conducted online. The students actively participated and won in various events. *Christ School ICSE bagged the first runner-up position in the competition.* Nothing stopped the students and they were determined to prove that no matter what happens Christites will always move ahead and prove themselves.

## DCL BLOOMS RESULTS - 2020-21

### English Elocution HS English Medium

**Samaya Harshitha N - Second Prize**  
**Bilna Babu - Third Prize**

Name of the teachers trained the Students  
Ms. Rosmin C Sunny  
Ms. Sivaranjini

### Kannada Elocution HS English Medium

**Sanvika C - First Prize**

Name of the teachers trained the Students  
Ms. Sharada K N  
Ms. Jayashree H.B.

### Kannada Elocution UP English Medium

**Lichsitha Gowda - First Prize**  
**Dimple S - Second Prize**  
**Dhriti Gowda - Third Prize**

Name of the teachers trained the Students  
Ms. Radhamani N  
Mr. Sangamanath

### Solo Dance Classical HS English Medium

**Shreya Das - First Prize**

Name of the teachers trained the Students  
Ms. Elizabeth Alwyn  
Ms. Taniya C Paul

### Solo Dance Non- Classical UP English Medium

**Roniya Robin - First Prize**  
**Fiona Austine - Third Prize**

Name of the teachers trained the Students  
Ms. Bindu Menon  
Ms. Muktha Charan

### Solo Dance Non- Classical HS English Medium

**Sunayana V - Second Prize**  
**Vibha M - Third Prize**

Name of the teachers trained the Students  
Ms. Titty Tom  
Ms. Stella S

### Collage HS

**Ifra Rhemana - Third Prize**

Name of the teachers trained the Students  
Mr. Chandrashekara C  
Ms. Vidya K

### Solo Song HS English Medium

**Ruthisha Rutherkumar - First Prize**  
**Jola Pearl Lewis - Second Prize**

Name of the teachers trained the Students  
Ms. Jincy Ouseph  
Ms. Ranjini S

*Congratulations  
to All Winners!!!*





Merry  
Christmas

&

HAPPY NEW YEAR

*Published by Fr. Reji Koodappattu CMI, Finance Administrator, Christ ICSE School on behalf of Literary and Cultural Association.*

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